



First National Bank of Muscatine's

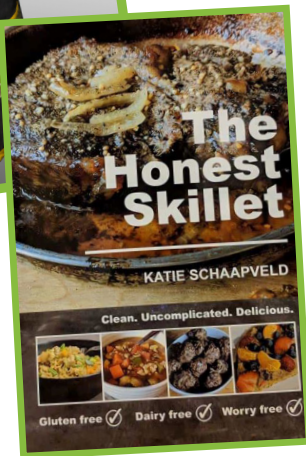
PRIORITY Club

COOKING DEMO

by the *Honest Skillet*

TUESDAY, FEBRUARY 26TH • 3PM-4PM

FIRST NATIONAL BANK'S WALNUT ROOM



Join us for a cooking demo featuring the Honest Skillet's author Katie Schaapveld! Katie is a Muscatine native whose love for cooking developed into creating her own cookbook. She focuses on healthy meals that are dairy-free, gluten-free, and most importantly - DELICIOUS! She'll prepare one of the recipes from her cookbook, give tips for meal prep, and discuss different products to enhance your cooking without adding unhealthy preservatives.

Members: FREE

Non-Members: \$5.00

**Please RSVP by February 21st to ensure that we have enough samples!*

Call 563-263-4221 to RSVP!